



Horse Shows in the Sun proudly presents the inaugural

# HITS 5K for United Way

## Sunday, April 11, 2010 at 10 a.m.

All proceeds will benefit the United Way of Ulster County.



United Way  
of Ulster County

**Kid's Fun Mile begins at 9:45 a.m.**

**Walkers' 2-mile course begins at 10 a.m.**

**Rain or Shine!**

**Check in/Registration:** 8:30 to 9:30 a.m. HITS Showgrounds, 454 Washington Ave. Ext., Saugerties, NY. (Enter at Gate A - Mike Kraut Rd), Follow the signs to the Pavilion.

**Course:** Throughout the HITS Showgrounds and closed to vehicle traffic.

**Runners:** \$20 prior to April 1; \$25 from April 2 until race day; **free** for children under 12.

**Walkers:** \$15 prior to April 1; \$20 from April 2 until race day.

Onteora Runners, Mid-Hudson Roadrunners, and Shawangunk Runners members deduct \$2 per entry.

**Register online at [www.active.com](http://www.active.com)** or use the form below. Sorry, no refunds.

**Questions?** Contact Su Marcy at the United Way of Ulster County, 845-331-4199, x2, [marcys@hvc.rr.com](mailto:marcys@hvc.rr.com) or send an email to Brian Lavender at [Bdlavender@yahoo.com](mailto:Bdlavender@yahoo.com).

### Prizes

- T-shirts for all pre-registered runners/walkers.
- Awards for overall male and female runners and top finishers in 10-year age groups.
- Prize drawing for all registered runners/walkers with a race number. You must be present to win.
  - Additional race day raffles for sports event tickets. Anyone can enter.

For more information on the **United Way of Ulster County**, please visit our website: [www.uwuc.org](http://www.uwuc.org).

**HITS 5K for United Way- Sunday, April 11<sup>th</sup>, 10 a.m.**

### Please Print:

Name	Age	Male/Female (M/F)
Mailing Address	City, State	Zip
Phone	Email Address	

**Circle your race category:** 5K Runner Walker Kid's Fun Run

**Circle your t-shirt size:** Adult: S M L XL 2XL

**Note your club affiliation here:** \_\_\_\_\_

In consideration of accepting this entry, I, the undersigned, intending to be legally bound, for myself, my heirs, executors, and administrators, waive and release any and all claim for damages I may have against the HITS Holding Corporation and subsidiaries, United Way of Ulster County, Town/Village of Saugerties, and any other sponsors, their representatives and assigns for any and all injuries suffered by me in this event. I attest and verify that I am physically fit, and have trained sufficiently for this event and a licensed medical doctor has verified my physical condition.

Signature	Signature of legal guardian (if under 18)	Date
-----------	---	------

**Mail Registration Form & Check Payable to:** United Way of Ulster County, 450 Albany Avenue, Kingston, NY 12401

For Office Use:

Date received:

Race # assigned:

Payment Received: